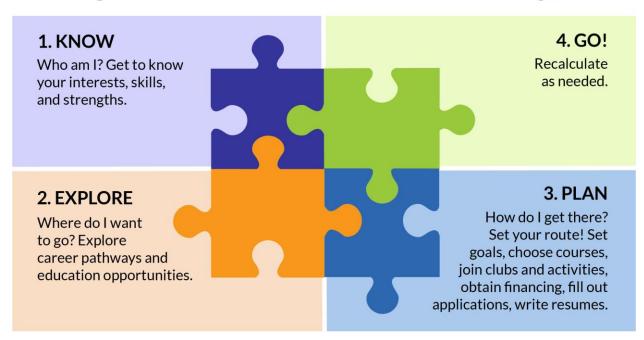
# Academic and Career Planning (ACP) in the Rosendale-Brandon School District



Academic and Career Planning, or ACP, is a student-driven, adult-supported process in which students create and cultivate their own unique and information-based visions for post secondary success, obtained through self-exploration, career exploration, and the development of career management and planning skills.

## Why ACP Matters?

# 4 Stages to Successful Academic and Career Planning (ACP)



#### **ACP General Information**

#### What is an Academic & Career Plan?

An ACP is a personalized plan to help guide a student's middle/high school learning experiences to support the goals a student sets for him/herself.

#### What is included in an Academic and Career Plan?

- Career and Education Exploration
  - Career interest inventories
  - Skills and abilities assessments
  - Learning Styles inventory
  - Post Secondary Exploration
  - Career and Life Goals
  - Career/work based learning experiences
- Activities and Abilities
  - Co-curricular activities
  - Hobbies and interests
  - Assessment Results
  - Volunteer experiences
  - Awards and honors

#### How does planning help a student?

- Increases student motivation, engagement, and school connection
- Increases awareness of individual strengths and weaknesses
- Improves their understanding of postsecondary options
- Connects their goals to educational coursework and career goal activities, and engage in long-term planning for life after high school graduation.

### How is ACP related to College & Career Readiness?

Developing an ACP ensures that a student is ready for college and career by:

- Identifying the skills and interests he/she would like to utilize in a career
- Understanding the industries they could work in someday
- Identifying the value of specific careers in the projected economy
- Understanding expectations to find and sustain employment
- Demonstrating academic knowledge and skills gained from core and elective coursework
- Effectively evaluate post-secondary options

#### The Four Year Plan