

Laconia High School



2018-2019
ATHLETIC CODE
AND
RULES OF ELIGIBILITY

Approved 7/16/18

TABLE OF CONTENTS

NOTICE OF NON-DISCRIMINATION POLICY	1
ATHLETICS	2
Attendance Policy	2
HELP MAKE ATHLETICS FUN!	2
ATHLETIC CODE	3
PHILOSOPHY AND OBJECTIVE	3
RESPONSIBILITIES OF ATHLETES	3
ELIGIBILITY RULES	3
Pre-Participation Parental Athlete Video	3
Scholastic Requirements: (WIAA Handbook)	4
Age: (WIAA Handbook)	4
Wisconsin Concussion Law Act 172 - Statute 118.293	4
Amateur Status: (Loss of Eligibility WIAA Handbook)	4-5
Non-school Participation: (WIAA Handbook)	5
Prior to athlete participation the following will need to be turned into the coach:	5-6
Squad Selection Policies	6
Extracurricular Eligibility Policies	6
EXCEPTION FOR FALL SPORTS:	6
Basic Rules of WIAA eligibility are:	6-7
CODE OF CONDUCT FOR ATHLETES	8
ATHLETIC REVIEW BOARD REINFORCEMENT PROCEDURES – APPEAL PROCESS	8
Athletic Review Board	8-9
Self-Reporting Code Violations	9
Enforcement Procedure and Appeal Process	9-10
GENERAL RULES	10-11
ATHLETIC AWARDS	12
SPARTAN SPORTS SCHEDULES	13

NOTICE OF NON-DISCRIMINATION POLICY

The Rosendale-Brandon School District, in accordance with state and federal law, does not discriminate because of the person's sex, race, color, religion, gender, sexual orientation, age, national origin, ancestry, creed, disability, military or veteran status, political affiliation, pregnancy, marital or parental status, physical, mental, emotional or learning disability or hardship, or other basis prohibited under state and federal law, in its educational and employment policies and practices.

ATHLETICS

All students in grades 9-12 are invited to take part in any boys' or girls' sport if they are eligible. A sports fee is assessed to each student for each sport in which he/she participates. Students interested in participating in sports should obtain a WIAA physical or alternate card and "Athletic Code" from the Athletic Director or a secretary. Boys' sports this year will be soccer, football and cross-country in the fall; hockey, basketball and wrestling in the winter; and track, golf, and baseball in the spring. Girls' sports include volleyball, cross-country and dance team in the fall; basketball and dance team in the winter; and soccer, track, golf, and softball in the spring. We are in the Flyway Conference that consists of the following schools: Laconia, Lomira, Mayville, North Fond du Lac, Omro, St. Mary Springs, and Winnebago Lutheran Academy.

Attendance Policy- An athlete must be in attendance at school for the full school day to be eligible to participate in athletic games or athletic practices. The only exceptions will be in the case of an emergency, a pre-excused absence, or permission from the high school office.

HELP MAKE ATHLETICS FUN!

BE COURTEOUS - To the teams, officials and visiting fans. They are our guests.

BE ENTHUSIASTIC - By 'rooting' for your own team, not by 'booing' the opponents or officials.

BE A GOOD SPORT - By giving all-out support to your favorite team before, during, and after games.

BE FAIR - Have confidence in the honesty and integrity of the officials. Remember they are neutral while you are partisan.

BE COOPERATIVE - Don't walk on the courts. Stay back from the sidelines. Don't yell during free throws.

BE A GOOD FAN - This is a game with a respected opponent, not a fight with a bitter enemy.

ATHLETIC CODE

PHILOSOPHY AND OBJECTIVE

The Rosendale-Brandon School District believes that athletics are an important part of education and that a variety of sports should be offered for both boys and girls. Participation in athletics is a privilege. Athletes must learn to follow established rules of conduct, training, and grooming, and to learn to work with others so they are a credit to themselves, their families, the school, and the community. Laconia athletes are expected to conduct themselves with pride in their efforts, regardless of winning or losing, and to realize that the teams we compete against are composed of people who also will be giving their best.

RESPONSIBILITIES OF ATHLETES

The privilege of participating in the Rosendale-Brandon School District athletics program is extended to all students provided they are willing to accept certain responsibilities. The greatest responsibility is to uphold the honor of the school and community at all times, both on and off the field of play. Therefore, it is expected that all athletes:

1. Display good citizenship
2. Display good sportsmanship
3. Display respect for those in authority, including officials of the school and on the field of play.
4. Follow the rules of the coaches, this handbook, and all the WIAA regulations. Flagrant violations of these expectations will be presented to the Athletic Director/Head Coach for appropriate action. Penalties will be based on each individual situation. The action taken by the Athletic Director/Head Coach may or may not involve suspension.

ELIGIBILITY RULES

Pre-Participation Parental Athlete Video

A participant will not be allowed to participate in practice or games until his/her guardian watches a required video.

1. (A video, which is available on-line/website) is required prior to participation at the middle school level.
2. (A video, which is available on-line/website) is required prior to participation at the senior high level.
3. The extracurricular director shall be responsible for conducting this seminar and will:
 - A. Review and explain the Athletic Code and Rules of Eligibility
 - B. Explain the procedure of physical examinations and insurance
 - C. Explain the rules regarding distributive maintenance and return of athletic equipment
 - D. Acknowledge the possibility of injury or death as a result of participation of activities.

In order to represent the Rosendale-Brandon School District in any interscholastic competition, a student must meet all eligibility requirements of the WIAA as well as those of the Rosendale Brandon School District.

THE ATHLETIC CODE IS ENFORCED FOR 12 MONTHS

Scholastic Requirements: (WIAA Handbook)

The student must be on full-time attendance status for grades 9-12. All students must be doing passing work in all his/her classes per quarter.

Age: (WIAA Handbook)

1. A Student shall be ineligible for interscholastic competition if he/she reaches his/her 19th birthday before August 1 of any given school year.
 - a. The Board of Control may provide relief from the age requirement due to extenuating circumstances.
 - b. Under no circumstances may a student begin a sport season once the student has reached his/her 20th birthday.
2. A ninth grade student shall be ineligible to compete on a ninth grade team if he/she reaches his/her 16th birthday before August 1, of any given school year.

Who may Participate: (WIAA Handbook)

1. When state law allows eligibility, those students meeting the stated requirements of the law are eligible at the stated member schools on the same basis and to the same extent of WIAA rules.
2. According to state law, a school may use on its interscholastic teams students residing within the district boundaries who are bona fide home-based private education students as defined by state law on the same basis and to the same extent as all other full-time students at the member school.

Wisconsin Concussion Law Act 172 - Statute 118.293**Summary**

The law requires all youth athletic organizations to educate coaches, athletes and parents on the risks of concussions and head injuries and prohibits participation in a youth activity until the athlete and parent or guardian has returned a signed agreement sheet indicating they have reviewed the concussion and head injury informational materials. The law requires immediate removal of an individual from a youth athletic activity if symptoms indicate a possible concussion has been sustained. A person, who has been removed from a youth athletic activity because of a determined or suspected concussion or head injury, may not participate again until he or she is evaluated by a healthcare provider and receives written clearance from the health care provider to return to the activity.

“At the beginning of a season for a youth athletic activity, the person operating the youth athletic activity shall distribute a concussion and head injury information sheet to each person who will be coaching that youth athletic activity and to each person who wishes to participate in that youth athletic activity. No person may participate in a youth athletic activity unless the person returns the information sheet signed by the person and, if he or she is under the age of 19, by his or her parent or guardian.”

Further Information

Guidelines for Concussion and Head Injuries http://sped.dpi.wi.gov/sped_tbi-conc-guidelines

Concussion Resources http://sped.dpi.wi.gov/sped_tbi-conc-resources

Schools may find the WIAA concussion information on the WIAA web site at: www.wiaawi.org/Health/Concussions

Amateur Status: (Loss of Eligibility WIAA Handbook)

- A. A student shall be an amateur in all recognized sports of this Association in order to compete in any sport, and he/she shall become ineligible for all further participation in the school's interscholastic program for violation of any of the amateur status provisions. The penalty may be reduced upon request of a school on the basis of documented extenuating circumstances, when accompanied by evidence of complete restitution made by the athlete (when applicable).

B. A student shall be determined to be in violation if he/she:

1. Accepts, receives, and/or directs to another reimbursement or award in any form of (a) salary, (b) cash (c) share of game or season proceeds, for achievement in athletics.
 - a. Actual and necessary reimbursement for transportation, food, lodging, and entry fees paid in connection with playing a contest shall not be regarded as a violation.
 - b. A student may receive (1) a medal, cup, trophy or plaque from the sponsoring organization regardless of cost; (2) from schools, mementos not to exceed \$200 in total fair market value. Non-school organizations desiring to make contributions toward the purchase of a championship ring/memento must make those contributions to the school; (3) any other award for participation in an athletic contest, or for athletic honors or recognition, which does not exceed \$100 in fair market value in the following WIAA recognized sports: baseball, basketball, cross country, football, golf, hockey, soccer, swimming & diving, tennis, track & field, volleyball and wrestling for boys, and basketball, cross country, golf, gymnastics, hockey, soccer, softball, swimming & diving, tennis, track & field and volleyball for girls; (4) and retain items of apparel which are worn for non-school athletic competition as a part of a team uniform provided for and worn by the student during competition. (See Bylaws, Article XI-Awards) WIAA
 - c. A school may allow a student to retain items of practice and playing uniforms which, for reasons of hygiene, obsolescence, deterioration, etc., will not be passed on to another student.
2. Signs a contract or agreement for services as a participating athlete.
 - a. A student may be employed (but not self-employed) on a part-time basis as an instructor on the playgrounds, game official, lifeguard, etc.
 - b. This rule shall not prevent a student from signing (a) an agreement which binds him/her to play only for a particular team or (b) an athletic tender with a university or college.
3. Receives compensation or benefit, directly or indirectly, for the use of name, picture, and/or personal appearance, as an athlete.
4. Receives free and/or reduced rates on equipment, apparel, camps/clinics/instruction and competitive opportunities that are not identical for any and all interested students.
5. Is identified as an athlete, provides endorsement as an athlete, or appears as an athlete, in the promotion of a commercial/advertisement and/or profit-making event, item, plan or service. Plays in any contest (school or non-school) under a name other than his/her own name.
6. Play in any contest (school or non-school) under a name other than his/her own name.

Non-school Participation: (WIAA Handbook)

1. A student must not participate in the same sport on any but their high school team during the same season.
2. Parent/students must pay 100% of any expenses, including transportation to any non-school (out of season) camps, clinics or specialized training. It is not permissible for any person or organization to pay.

Prior to athlete participation the following will need to be turned into the coach:

1. **Physical Exam Card** (green) signed by the physician and parent/guardian **OR** Alternate Card (yellow) if physical card was turned in the prior year.
2. **Athletic fee**
3. **Emergency Form** (Only students participating in fall sports must turn-in prior to participating in first official day of practice.)
4. **View Athletic Code Video/Signed District Verification Form** (see Eligibility Rules # 3 on page 3).

5. **Parent & Athletic Agreement Form** related to Concussion law of 2011-Wisconsin Act 172 (once per school year, must be turned in prior to participating in a sport.)

No student who is dropped from one squad for disciplinary reasons shall be eligible to compete in another sport during the same season.

A student may go out for only one sport per season. This also includes dance team. If the number of athletes trying out for a sport is more than the facilities and equipment can accommodate, selections will be made on the basis of ability shown.

Squad Selection Policies

Choosing the members of athletic squad is the sole responsibility of the head coach of that sport. Prior to trying out, the coach will provide the following information to all candidates for the team:

1. Extent of try-out period
2. Criteria used to select team
3. Number to be selected
4. Practice commitments if they make the team
5. Game commitments

When squad cuts become a necessity each candidate will be personally informed of the cut by the coach.

Extracurricular Eligibility Policies

1. With the exception of the fall sports rule, the other sports “eligibility” rules would read: “for one letter grade F an athlete would go on a (15) fifteen school day (and night) academic “probation” with eligibility to play/practice. If student is not passing ALL classes after the (15) fifteen school day (and night) “probation,” the student becomes ineligible for one more (15) fifteen school day (and night) period”. “The athlete will be able to practice but not participate or suit up for any games, matches or meets. If not passing all classes by the end of the next 15 day period, athlete becomes ineligible until the next grading period.”
2. Failure in more than one academic class at the end of a grading period will result in 28 school days of ineligibility. An athlete can become eligible after this period only if they are passing all classes at that time. Otherwise, he/she will remain ineligible for the remaining portion of the quarter.

EXCEPTION FOR FALL SPORTS:

The ineligibility status is for students in fall sports in which the date of earliest allowed competition is before the first day students are in class. The minimum ineligibility period shall be the lesser of (a.) 21 consecutive calendar days beginning with the date of earliest allowed competition in a sport or (b) one-third of the maximum number of games/meets allowed in a sport (rounded up if one-third results in a fraction).

Residence and Transfer (WIAA Handbook)

1. You must have enrolled by the 17th day of your present semester.
2. You must have completed all work below grade nine. You cannot be in your ninth (or more) semester of high school. Your seventh and eighth semester must be consecutive, and you cannot compete more than four years in a sport.
3. You must be a legal resident of your school district. You and your parent/guardian must be physically residing in your school district, and your parent/legal guardian must consent to your participation.
4. Under this rule a student who transfers after the beginning of the school year shall be ineligible for varsity level competition at the new school unless the Board of Control in accordance with the waiver provisions grants approval.

These additional provisions relate to transfer cases:

1. A student who transfers from any school into a member school, unless the transfer is made necessary by a total

change in residence by parents, must do so before attending one or more days of school or one or more athletic practices at the school the student is leaving. If not, the student is ineligible for any level competition for the remainder of that school year, but may participate in practices.

2. Beginning in 2018-19, a student who transfers from any school into a member school after the sixth consecutive semester following entry into Grade 9 shall be ineligible for practice and competition for one calendar year, unless the transfer is made necessary by a total change in residence by parent(s). The calendar year will be determined from a student's last day of attendance at school and/or last day of attendance at athletic practice.
3. With written consent from both schools directly involved, a first time transfer student shall be eligible for non-varsity competition only for the duration of the school year, unless a waiver is provided.
4. A student who transfers more than once in any given school year shall be ineligible for all interscholastic competition for the remainder of that school year.
5. A student who transfers from any school, whether or not a member school, with a status of ineligibility for disciplinary reasons, academic reasons and/or as a result of another State Association's regulation or sanction retains such status at his/her new school for the same period as decreed by the former school.
6. No eligibility will be granted for a student whose residence within a school's attendance boundaries, with or without parents, or whose attendance at a school has been the result of undue influence (special consideration due to athletic ability or potential) on the part of any person, whether or not connected with the school.

It continues to be the WIAA recommendation that schools should consider all transfer students to be ineligible until the Athletic Director has been able to confirm that eligibility requirements are met.

- A. A full time student may be afforded up to eight consecutive semesters of interscholastic eligibility upon entry into Grade 9. Transferring schools at any time may result in restrictions being imposed on eligibility, or in some cases a denial of eligibility. For the purpose of this rule, attendance at one day of school and/or attendance at one athletic practice shall determine 'beginning of school year.'
 - 1) A student who transfers from any school into a member school after the sixth consecutive semester following entry into Grade 9 shall be ineligible for competition at any level for one calendar year, but may practice, unless the transfer is made necessary by a total and complete change in residence by parent(s)/ The calendar year (365 days) will be determined from a student's first day of attendance at the new school.
 - 2) Unless transfer, including an accompanying total and complete change of parents residence, is effective at the outset of a semester, a student cannot establish eligibility at his/her new school until the fifth calendar day of such transfer.
 - 3) A student may not have eligibility in more than one member school at the same time. A parent or parents who move from a primary residence within one school's attendance boundaries, to a secondary residence within another school's attendance boundaries, may be required by the Board of Control to provide evidence of a total and complete move.
 - 4) A student who transfers due to expulsion or removal for disciplinary reason from the previous school is ineligible for the length of the expulsion as determined by the previous school's Board of Education.

CODE OF CONDUCT FOR ATHLETES

Training rules are a matter of self-discipline. An individual's best performance is possible only after the body and the mind have been conditioned through a regular training routine. This code is to be followed by all participants in athletics and also by those seeking reinstatement after suspensions or rulings of ineligibility. There shall be:

1. No use or possession of drugs prohibited by law. No use or possession of illegal drugs, look-a-like drugs or controlled substances.
2. **The WIAA is against the use of anabolic-androgenic steroids and other performance enhancing substances (PES). Member schools shall devote time each year to positive programs that highlight prevention and education of the risks, benefits and adverse effects of PES. Coaches, teachers, sports medicine staff and school administrators who ignore or encourage the use of PES, provide and/or sell PES to athletes (including indirect distribution through a third party) shall be subject to their own school's provisions regarding discipline.**
3. No smoking / possession of smoking materials or use /possession of tobacco in any form. No smoking/possession or use of tobacco products, or look-a-like tobacco products including electronic cigarettes, or similar devices.
4. No drinking / possession of alcoholic beverages.
5. No convictions of misdemeanors / felonies.
6. No theft/stealing.
7. Health and Behavior/Compliance (WIAA Handbook)
 - A. Victims of sexual assault and bystanders who report a sexual assault, request emergency assistance, cooperate with and assist law enforcement, and stay on the scene or who encounter law enforcement at a medical facility at which the victim is being treated cannot be issued a code of conduct violation. The victim or bystanders must meet the State Amnesty Law Requirements. The victim may not falsely claim amnesty knowing that the situation that he or she reports does not exist.

An athlete will be suspended for each individual infraction of the code. (i.e. If a student was drinking, smoking, and also convicted of stealing, that would be 3 infractions and that athlete would be suspended for 180 school days.)

A student who transfers from any school, whether or not a member school, with a status of ineligibility for disciplinary reasons and/or as a result of another State Association regulation or sanction, retains such status at his/her new school for the same period as decreed by the former school.

ATHLETIC REVIEW BOARD REINFORCEMENT PROCEDURES – APPEAL PROCESS

Athletic Review Board

The duties of the Athletic Review Board will be to hear all appeals of the athletic suspension and render just decisions, serve as a liaison committee to the coaching staff, reviewing existing policy and suggest modifications, and act on requests for reinstatement of eligibility. In the absence of action by a coach, the Athletic Review Board may take any action deemed necessary. The Athletic Review Board shall be empowered to rule on any situation not covered by these policies. The members of the Athletic Review Board will be:

1. High School Principal
2. Athletic Director
3. Board Member
4. Board Member
5. Parent at large; approved by the board
6. School Teacher; approved by the board
7. A majority of representatives will constitute a quorum

Self-Reporting Code Violations

- Student(s) must report within 72 hours of the violation
- Student(s) may self-report to any Rosendale-Brandon head coach or school administrator
- The self-report must take place prior to a head coach or school administrator calling for or speaking with ANY student(s) about the alleged incident/violation
- Reduced penalty for self-reports are applicable to a “first violation” only. If all elements of self-reporting are properly met, the “first violation” penalty will be reduced to half of the first offense that was not self-reported.

Enforcement Procedure and Appeal Process

Upon violation of this code, the following procedure will be used:

1. The athletic director /designee will inform the athlete of the disciplinary action. (In the absence of the athletic director, the high school principal will carry out the duties of the athletic director)
2. The athletic director /designee will inform the parents, by letter, of the infraction
3. The letter will indicate the disciplinary action and the eligibility for reinstatement
4. The suspended athlete and his/her parents may formally appeal the suspension to the athletic director /designee. The appeal must be in writing, signed by the athlete and one or both parents and receive by the athletic director /designee within 14 days from the date of suspension. The athlete will remain suspended throughout the appeal process. Any games missed during appeal process can be counted towards suspension.
5. The athlete up for a possible violation must attend the Athletic Review Board meeting to answer any questions that might arise. Failure to attend would mean a temporary suspension from athletics until the athlete does attend an Athletic Review Board meeting.
6. Penalties for violations are as follows:

First Offense - student cannot participate in (number of games/meets/matches stated) of Varsity scheduled interscholastic games or meets from the time the violation occurs as follows:

4 – Baseball	1 - Dance Team	4 - Softball	6 (Matches) – Wrestling	4-Hockey
4 – Basketball	2 - Football	2 – Track	6 (Matches) – Volleyball	3 - Golf
2 – Cross Country	4 - Soccer			

**Junior varsity and freshman suspensions will be prorated based on scheduled games.

Second offense will be suspension for number of games/meets/matches start of regular season scheduled interscholastic games or meets:

12 – Baseball	3 - Dance Team	12 – Softball	12 (Matches) – Wrestling	12 - Hockey
12 – Basketball	5 – Football	7 – Track\	12 (Matches) – Volleyball	8 - Golf
5 -Cross Country	12 - Soccer			

**Junior varsity and freshman suspensions will be prorated based on scheduled games.

Third offense will be suspension for 180 school days. The suspended athlete must adhere to, and sign athlete code on a yearly basis to regain eligibility.

Fourth offense will be suspension from any Rosendale-Brandon activities governed by the athletic code booklet.

7. Suspensions will begin with the first contest that the athlete is out for and will be prorated and carried over from one sport to another until suspension is completed. Suspensions may only be counted at one level of competition per sport. If a student/athlete is not participating in a sport or is inactive, the suspension will be carried over to the next sport that student/athlete chooses to participate in.

8. If violators intend to participate with a team when their suspension runs out, they must practice with that team until their suspension is ended, and then they may participate in games as a team member in good standing.
9. If a participant and/or parent/guardian self refer for help and assistance prior to an infraction regarding the use of drugs, alcohol, controlled substances, or tobacco, the participant may be allowed to participate in practice and contests while in an assistance program.
10. This Code cannot anticipate all forms of misconduct that a student could engage in. Therefore, other forms of misconduct not specifically stated in this Code that are deemed inappropriate by the coach or athletic or activity director may be penalized in accordance with this Code. In addition, eligibility for co-curricular activities may be regulated in conjunction with District discipline policies.

GENERAL RULES

1. An athlete wishing to transfer from one sport to another must gain permission in writing from both head coaches involved. No transfer will be allowed if the athlete is under disciplinary action in the sport he wishes to leave.
2. If an athlete misses practice/game and is unexcused, the athlete will be suspended for the next contest. Competing on club teams or practices is not an excused absence.
3. Other rules will be established by the head coach of each sport in writing and a copy handed out to each participant and athletic director on or before first day of practice.
4. Athletes are under the authority of their coaches, and refusal to obey reasonable orders of a coach can be grounds for immediate suspension or dismissal from the squad and/or from participation in all or some future Laconia athletic contests.
5. All reports of violations must be submitted to the athletic director in writing and signed by the person making the report within 30 days of the infraction.
6. The school/coach holds the right to suspend an athlete for circumstances that may occur, which deal with violation of school rules that are not necessarily related athletic activities. Vandalism, insubordination, profanity, obscene gestures, plagiarism/cheating, theft, threats, harassment, bullying, and conviction of a criminal offense need be considered under this guideline.
 - A. Plagiarism/cheating offenses ONLY will result in the following:
 - First offense will be a classroom teachable moment and will be handled as a school offense not an Athletic Code Violation.
 - Second offense will be an Athletic Code Violation and one game suspension.
 - Third and subsequent offenses will result in a suspension for 10% of a season for each offense.
7. Each athlete is responsible for the school equipment issued to him/her. This equipment must be returned at the end of the season. Failure to do so shall result in the athlete's exclusion from continued interscholastic participation and any awards earned by the athlete shall not be presented until such equipment is accounted for. All lost, stolen, or damaged equipment must be paid for by the athlete to whom it was issued. Any athlete having equipment not issued to that athlete faces athletic director action, suspension, or coaches' action that may prevent his/her further competition. WIAA Article III School Equipment – Summertime Use: In the summertime, with approval of its governing body, a school may issue its own equipment, uniforms and other apparel for use by athletes in training or non-school competition at its own discretion.

8. The school district furnishes transportation to and from all away athletic contests in a school vehicle. Any other mode of transportation to contests must have prior approval of the athletic director. There are occasions when return trips with parents may occur. The parents must sign a consent form before they leave.
9. Seniors in team sports may not compete on the JV level. An exception to this would be an AFS student or student with special needs.
10. Sunday practices can only be held between the hours of 3:00 p.m.-8:00 p.m. provided they have been pre-approved by principal or athletic director. These practices cannot be made mandatory.
11. Community night will be recognized on Wednesdays. All school related functions are to be completed by 6:45pm.
12. Requesting to use school owned equipment or uniforms (senior pictures, etc) a Rosendale/Brandon School Equipment Request Form will need to be filled out and signed by parent, then approved by AD or designee.

ATHLETIC AWARDS

VII. Letter Awards

- A. An athlete on a varsity team who meets the general requirements outlined below shall receive a varsity letter with an insert designating the sport for which the letter is awarded.
- B. The school gives a letter the first time that an athlete is awarded a letter. Thereafter an insert will be awarded for each sport.
- C. General (minimum) requirements for a letter:
 1. Football – participation in one-half of the total quarters played in regular season
 2. Boys' and Girls' Basketball – eligible for 80% of games in one season
 3. Baseball – eligible for 80% of games in one season
 4. Softball – eligible for 80% of games in one season
 5. Boys' and Girls' Track and Field – meet any of the following requirements:
 - a. Average two points per meet through Conference Meet
 - b. Advance to the Sectional Meet
 - c. Hold a school record at the conclusion of the season
 - d. Place sixth or better in Conference Meet (except relays)
 6. Cross Country –Eligible for 80% of meets in one season
 7. Wrestling – An athlete must attain **60** points/established by coach's guidelines
 8. Volleyball – eligible for 80% of games in one season
 9. Dance Team – Meet the requirements as established by the Dance Team guidelines.
 10. Golf – Participants may letter by meeting one of the following 3 requirements:
 - a. Play at least 5 Varsity golf meets
 - b. Have one of top 8 "golf meet" averages (must play in at least 5 competitions - 3 which are Varsity)
 - c. Have one of top 8 "golf meet" averages (must play in at least 5 competitions - 1 which is a WIAA Varsity tourney)
 11. Hockey – eligible for 80% of games in one season.
 12. Managers, statisticians, and Trainers – (1) manage the same sport for two years (2) manage two different varsity sports in the same year, or serve as an assistant manager one year and as head manager one year (3) if a manager is under suspension, that time will not count toward lettering.
- D. Letters may be awarded in the following cases:
 1. A senior who does not meet the requirements given in No. 2 above but who was out for the sport for the past four years may be granted a letter upon the recommendation of the coaches of the sport involved.
 - a. An athlete who is prevented from meeting the requirements as given in No. 2 above because of injury, upon the recommendation of the coaches of the sport involved. Injured athletes will still be expected to attend all practices while recovering from the injury.
 - b. Coach's recommendation of the sport involved for special cases not covered elsewhere.
- E. Any athlete who is removed from an athletic team for disciplinary reasons or who quits the team prior to the end of the season shall not receive an award for that sport.

VIII. Individual Incentive Awards

A. Outstanding Senior Female Athlete - Jim Prey Award

Outstanding Senior Male Athlete – Jim Prey Award

B. Baseball

Most Valuable Player
Outstanding Offense
Outstanding Defense
Most Improved

C. Golf

Most Valuable
Most Improved
Most Valuable Underclassman

D. Basketball (Boys' and Girls')

Most Valuable Player
Top Rebounder
Hustle Award
Most Improved

E. Softball

Most Valuable Player
Outstanding Offense
Outstanding Defense
Most Improved

F. Cross Country

Most Valuable Runner
Hustle Award
Most Improved
Team Dedication

G. Track (Boys' and Girls')

Most Valuable Track Athlete
Most Valuable Field Athlete
Most Valuable Track and Field
Most Improved

H. Dance Team

Most Valuable
Most Improved
Most Spirited

I. Volleyball

Most Improved
Most Valuable Player
Outstanding Offense
Outstanding Defense

J. Football

Most Valuable Player
Outstanding Offense
Outstanding Defense
Outstanding–Lineman

K. Wrestling

Most Wins
Most Wins Underclassmen
Most Pins
Most Takedowns

L. Hockey

TBD

M. Soccer

TBD

***Any ties will need to be broken
(just like All-Conference Awards)

SPARTAN SPORTS SCHEDULES

Laconia L-Club provides all sports schedules at www.wisconsinflywayconference.org,
and at www.rbsd.us, then go to Sports Calendar