

RI Weekly Email from April 11

See email for attachments.

HIDDEN IN PLAIN SIGHT: You are invited to attend Hidden in Plain Sight: What Every Adult Should Know, a drug prevention program, hosted by Laconia and Cirrus High Schools, Fond du Lac Drug-Free Communities, Agnesian Healthcare, Fond Du Lac Sheriff's Office and Webster's Marketplace. This event will take place on Monday, April 22nd at 6:00 PM in the Laconia auditorium, and provides a life-size bedroom with over 20 "red flags" that can signal drug or alcohol use. For more information please see the attached parent letter and poster or on the RBSD's Facebook page.

ASTOP: For parents of 4th and 5th Grade students: We will be having the annual ASTOP Protective Behaviors presentations in the classrooms this month. See the attached letter and schedule.

SCHOLASTIC BOOK FAIR: RI and RP will be hosting a book fair Friday, April 5, through Saturday, April 13. Money raised at the book fairs help support our school libraries! New this spring: parents can now set up accounts online that will allow their child to shop for books at the fair without having to bring cash through Scholastic's new e-wallet. Check out the attachments for more information.

TECHNOLOGY USE @ HOME: In an article in *Time*, psychologist Jean Twenge (San Diego State University) says there is credible research linking heavy technology use with the surge in depression and other mental health issues among adolescents. Here are the limits she has established with her three children:

- No phones or tablets in the bedroom at night; the kids use real alarm clocks to wake up.
- No use of devices within an hour of bedtime; the blue light and psychological stimulation interferes with sleep.
- Device use is limited to two hours of leisure time a day, plus legitimate use for homework.

"Put That Phone Away – Now" by Jean Twenge in *Time*, April 1, 2019, no e-link; Twenge can be reached at jtwenge@sdsu.edu.

SEVERE WEATHER WEEK: This week is Tornado and Severe Weather Awareness Week in Wisconsin.

FRIDAY, there will be a statewide tornado drill in the afternoon (1:45pm) and evening (6:45pm). This is the ideal time to test out your plans for when a potential Tornado Warning could occur at your location.

SUMMER SCHOOL: Online registration for Summer School began on Monday, March 18. Registration link, log in information for each student and instructions for online registration were emailed to families. If you did not receive any information or need additional help please contact the Summer School office at 872-5350 or send an email to Summer School Director Nate Roets at roetnat@rbsd.k12.wi.us or Summer School Scheduling Secretary Jill Englund at engljil@rbsd.k12.wi.us.

****UPDATE: LACONIA SPARTAN STRENGTH & CONDITIONING SPECIAL SESSION DATES:** The Laconia Spartan Strength and Conditioning Special Session Summer School Class dates will be July 22nd - 26th and NOT July 15th - 19th. Sorry for any inconvenience.



UPCOMING 6th GRADE BAND: We will be having the informational parent meeting on Tuesday April 16. RI will be at 7:00 pm in the band room. This information was handed out with your child's scheduling paperwork. (I have also attached one to this email)



2019 8th GRADE DC TRIP: Mr. Herring sent home a student medical release form & letter with the students going to DC for the Washington DC Trip. Please take time to carefully fill it in. Please be especially

careful when completing the Daily Medication Section. Be sure to include the medication schedule and dosage. Please do not leave off any medications. This is private information that is only for the lead chaperone to have. It is necessary in the case of an emergency and to ensure that daily medical needs are met. If you have any questions, please contact Mr. Kyle Herring... herrkyl@rbsd.k12.wi.us The due date for the form is April 17. Attached below you will find a copy of the letter and the medical form that was distributed.



2020 WASHINGTON DC TRIP: Tour Dates: June 8-12, 2020. Please follow this link to register: Website: <https://portal.brightsparktravel.com/> and use **Tour Code:** **TQQ8CNL** We are able to take 36 students and 4 parent chaperones. The deadline to Register is June 3, 2019. Please see attached documents below for more information! If you have any questions, please contact Kyle Herring at herrkyl@rbsd.k12.wi.us



2020 GERMAN EXCHANGE PROGRAM: The German Exchange Program is currently seeking applicants for our 2020 exchange! All current seventh grade students and their families are encouraged to check out our exchange website to learn more about this unique opportunity. Please apply online by Tuesday, April 30th. Morgan Mattheis would be more than happy to help answers any questions your family may have about the exchange. All inquiries may be sent to mattmor@rbsd.k12.wi.us. Exchange Website: <https://sites.google.com/rbsd.k12.wi.us/exchange/home>

RAISING CARING KIDS: Raising Caring Kids: Solving Problems With Other People. Most children need adult guidance to help them manage conflict until they develop their own problem-solving skills. The way adults respond to children's conflicts can help or harm their ability to improve these skills. Parents and other caring adults can help children manage conflict by approaching it as a shared problem that can be solved by understanding all points of view and finding solutions that everyone can accept. [Use this resource to identify and practice strategies to guide your child through a conflict.](#)

OTHER IMPORTANT DATES:

Spring Break: April 18-22, 2019 (Class resumes April 23rd)
Memorial Day: NO SCHOOL - Monday, May 27th
8th Grade Trip (Mt Olympus): Thursday, May 30th
8th Grade Graduation: Friday, May 31st
2019 DC Trip: June 3-7, 2019



UPCOMING MUSIC DATES:



* May 16th (Thursday) - MS District Band/Choir Concert @ RI - 7:00 pm

OTHER ATTACHMENTS: Rosendale/Brandon Employment Opportunities, Pre-Excused Forms

COMMUNITY NEWS:

LACONIA FOOTBALL CAMP: Please see the attached information sheet and registration. All camp registration forms and fees, need to be mailed to Mark Madigan.

VOLLEYBALL CAMP & OPEN GYM: Please join us for Spiketacular volleyball camp! We will work on skills such as passing, setting, serving, and blocking. A lot of time will also be spent working on rotations and building game sense! All camps will be held at the High School for all incoming 4th graders through High School. Please see the attached registration form and also information on Open Gyms.

2019 LACONIA SOFTBALL CLINIC: Girls who are currently in grades 3rd through 8th, please see the attached registration form for the Softball Clinic! The clinic will run on Saturday, April 27, 2019. ALL forms, are due before April 12th.

PRESCRIPTION FOR A SAFE COMMUNITY: Drug Free Communities of Fond du Lac County's "Prescription for a Safe Community" initiative educates parents and community members about prescription medication safety. The Fond du Lac County Drug Take Back Campaign begins April 15 through April 26, 2019. Please see the attached information flier for more information.

AUTISM AWARENESS T-SHIRTS: Celebrate all our students by ordering a t-shirt featuring student artist, Gracie Jones! All sizes are just \$6. See attached flyer and order form for more information. **All orders are due back to school offices by Monday, April 15. Please make checks out to Rosendale-Brandon Schools.**

CWES SUMMER CAMP: Please see the attached flyer for CWES Summer Camp 2019.

UW LEAPS: LEAPS Summer Camp for students entering grades 2-4. Please see the attached information sheet and register by July 8, 2019.

CHILD ABUSE PREVENTION 5K RUN/WALK: Please see the attached information and registration form for the 2019 CAP Run/Walk taking place on April 28, 2019 in Berlin, WI!

TECH-KNOWLEDGE COLLEGE: Even though it has maybe felt like the longest winter, summer is coming!! That also means that TKC (Tech Knowledge College) is coming up fast too! For those unfamiliar with TKC it is a 3 day summer activity for students going into 6th, 7th and 8th grade. It is held at the Fond du Lac campus on August 6th – 8th. This exciting opportunity allows students to explore careers, experience hands-on learning and have a whole lot of fun! There are a variety of sessions to choose from, with many NEW options this year. The cost is \$115 for the 3 days which also includes bussing from our West Bend and Beaver Dam campuses, lunch, a morning snack and a t-shirt. TKC registration begins on May 1st and fills up quick!! Registration closes on June 28th. ****Please see the attached information fliers. **Fliers are also available in our school office.**