

RI Weekly Email from 11-21-19

See email for attachments.



DROP OFF/PICK-UP: When dropping off and picking up students, please make sure you are dropping/picking on the south side of the island. Do NOT pull in the bus lane by the school. We need to keep



that open for the buses. Thank you.

INTRUDER DRILL: We will be running a state required active intruder drill the 1st week of December. Please see the attached parent letter for full information.

KEEP TECHNOLOGY IN CHECK: Take a look at these reminders from Mrs. Mumm about how to raise a healthy digital citizen:

Social Media: As Smartphones become more and more commonplace, it's important that we step back and understand what we're putting in our kids' hands when we give them a phone. As a parent, I urge you to understand how a program works and what the 'rules' are for it before you let your child use it. For example, did you know that [SnapChat's terms of service](#) explicitly state that this program is for people age 13 and up and that when a user signs up, s/he agree to let the company any of the content created on the app? [Instagram](#) and [YouTube](#) users are also required to be at least 13 years old. Before agreeing to let your child use one of these services, consider why these age restrictions may be in place.

Screen Time: Moderate screen time so that it fits with your family's needs and lifestyle. Setting time limits is a great way to help your child find balance with their digital life and physical life. [Study after study shows that screen time can have adverse effects on your child's sleep.](#) Please establish a screen-free bedtime routine and keep screens out of your child's room.

Tips for Getting your Kids to Put Down their Phones: If you think your child uses their phone too much, check out [these tips from Common Sense Media](#):

- Help kids find space for face-to-face conversations.
- Model the manners and behaviors you want to see.
- Charge kids' phones in your room at night.
- Establish consequences for problematic phone use.

It's probably not your child's fault if s/he cannot put down the phone. Check out this article about "[The Sneaky Science Behind Your Kid's Tech Obsessions](#)." It is our job as parents and educators to coach our kids to be healthy digital citizens though. Please let me know if you are struggling with this and need help (mummpam@rbsd.k12.wi.us).



FFA T-SHIRT ORDERS: "Look for the Helpers" Campaign - The Laconia FFA is raising money to donate to our local fire departments as part of our "Look for the Helpers" Campaign. Proceeds will be donated to the Rosendale, Eldorado, Lamartine, Van Dyne, and Brandon-Fairwater Fire Departments. Please see the attached information sheet. All orders are due Friday, November 22nd. Orders may be placed by following this link: <https://www.hopperwear.com/laconiaffa>



TURKEY LEGS: This week until Tuesday, November 26th students may bring in a nonperishable food item to put in the box for their favorite "Turkey legs". Who's ever (teacher) "LEGS" have the most items in their box will have to stand on the corner by Bluemke's after school November 26th to wave and wish everyone a Happy Thanksgiving!!

OTHER ATTACHMENTS: Medication Letter/Consent Form, Pre-Excused forms, December Lunch Menu

IMPORTANT UPCOMING DATES:



Thanksgiving Break - November 27th - 29th

Early Release - Friday, December 6th (busers, 1:15 & walkers, 1:20)

Math Meet - Monday, December 16 @ RI

Geography Bee - December 20 @ 8:00

Winter Break - December 23 - Jan 1

COMMUNITY NEWS:



HOLIDAY FUN NIGHT: Come to Laconia High School Friday, December 6th from 5-7:30 for a family fun event!! There will be something for everyone! Please see the attached flier for more information.



ADVENTURES IN ADVENT: Please see the attached for students in grades 4K-5th. Starting November 13.

GIRL SCOUTS: If you would like to sign your daughter up for Girl Scouts or have any questions, please see the attached contact information.

Also, come join girl scouts for a Holiday Craft Fair Event on Monday, December 9th. (See the attached information flyer for details)

KIDS JUDGE NEUROSCIENCE FAIR: A fun and educational experience where kids get to be the judges of college student science fair projects. Kids will learn new information about how our brain works. All 3rd to 5th grade students. **See Attached Information Sheet & Registration