

Fond du Lac Behavioral Health and Community Resource Guide



**Wisconsin
Partnership Program**
UNIVERSITY OF WISCONSIN
SCHOOL OF MEDICINE AND PUBLIC HEALTH

*Fond du Lac School District
Revised September 2018*

Acknowledgements

Thank you to the following local agencies to which this resource booklet has been developed:

Fond du Lac School District
Fond du Lac Area YScreen

We would also like to thank the following for providing the funding to make this resource:

Fond du Lac Area United Way

Fond du Lac School District

Wisconsin Partnership Program
UW School of Public Health and Medicine

Introduction

This manual of community services and agencies was developed in collaboration with Fond du Lac School District and Lakeland University, as part of the Fond du Lac Area YScreen Program.

This manual will serve as a resource designed to enhance the ability of school district staff to positively address the identified needs of students and their families while linking them to the appropriate community resources.

Materials contained within can be copied and distributed to school staff, parents and others as deemed appropriate with credit given to the Fond du Lac Area YScreen Program.

All efforts have been made to provide a complete list of services with accurate information.

Public Safety Information

In Case of an Emergency, Dial 9-1-1

Non-Emergency Numbers

Fire Department

City of Fond du Lac Fire Department (920) 322-3800

Law Enforcement

Fond du Lac Police Department (920) 322-3700

Fond du Lac County Sheriff's Office (920) 929-3390

Fond du Lac Police Administrative (920) 929-3370

Ambulance

Fond du Lac Police Department (920) 322-3700

Fond du Lac County Sheriff's Office (920) 929-3390

Public Safety Numbers

Poison Control Center (800) 222-1222

Arson Hotline (800) 362-3005

FBI – Milwaukee (414) 276-4686

Fond du Lac County Emergency Government (920) 929-2911

Fond du Lac County Sheriff's Office (920) 929-3390

State Patrol (920) 929-3700

Additional Resources

Suicide Prevention:

1 (800) 273-TALK

1 (800) 273-8255

Text “HOPELINE” to 741741

Spanish Hopeline:

“TEXTO ESPERANZA” to APOYA (839-863)

Runaway and Youth Services Crisis Hotline:

1(855) LSS-RAYS

1(855) 577-7297

Internet Resources:

Comprehensive Services Integration (CSI)

www.csifdl.org

Mental Health America-Wisconsin

www.preventsuicidewi.org

Prevent Suicide Wisconsin

www.preventsuicidewi.org

Suicide Prevention Resource Center

www.sprc.org

Fond du Lac Pride Alliance

www.fdlpride.org/resources

Adult Care Consultants, Inc.

272 N Main St
Fond du Lac, WI 54935
Phone: (920) 322-6481
Fax: (920) 921-7986
Website: www.adultcareconsultants.com

Services: Adult Care Consultants provide care management services, forensic case management, contract case management and home care services. Care management services are designed to help individuals and family members find the services they need to remain living independently in their own homes. Our trained staff provides services tailored to client needs, including cleaning, companionship, grocery shopping, etc. Care is available 24 hours per day, 7 days per week. Our staff will help design a schedule that fits client needs and lifestyle.

Cost: Initial consultation has no fee; services thereafter are billed monthly at an hourly rate.

ADVOCAP

Fond du Lac Office
19 W. 1st St.
P.O. Box 1108
Fond du Lac, WI 54936-1108
Phone: (920) 922-7760 or (800) 631-7760
Fax: (920) 922-7214
Website: <http://www.advocap.org/>

● **Affordable Housing**

Contact: Lu Scheer – (920) 922-7760
Website: <http://www.advocap.org/affordable-housing.html>

Services: Provides safe, decent and affordable housing for low and moderate income households, through rental units, home buyer education and down payment assistance, homeowner rehab loans and Wisconsin Fresh Start.

Hours: Monday-Thursday: 8:00- 5:00pm
Friday: 8- 4:30pm

- **Business Development**

Contact: Kathy Doyle – (920) 922-7760
Website: <http://www.advocap.org/business-development.html>

Services: The goal of the Business Development Program is to provide entrepreneurs with tools to insure their small business is successful. They receive counseling and support in the following areas: business and financial plan development, marketing plan development and implementation, employee recruitment assistance, managerial evaluation, small business loans and rural development loans.

Hours: Monday-Thursday: 8:00- 5:00pm
Friday: 8- 4:30pm

- **Employment & Training**

Contact: Bob Kallio
Phone: (920) 922-7760
Website: <http://www.advocap.org/employment-and-training.html>

Services: Develops options for integrated employment and the supports necessary for persons with disabilities or other employment obstacles to acquire training and meaningful employment.

Hours: Monday-Thursday: 8:00- 5:00pm
Friday: 8- 4:30pm

- **Head Start**

Contact: Hillary Gunther – (920) 922-7760
Website: <http://www.advocap.org/head-start.html>

Services: ADVOCAP Head Start is a family focused child development program that provides a variety of learning experiences to children from low income families. Head Start includes services for children with disabilities. The goal of Head Start is to prepare three to five-year-old children to be successful in elementary school and in all of life's experiences.

Hours: Monday-Thursday: 8:00- 5:00pm
Friday: 8- 4:30pm

Affiliated Counseling Center

17 Forest Ave. Suite #112
Fond du Lac, WI 54935
Email: officemanager@affiliatedcounseling.net
Phone: (920) 922-7440
Hotline: (920) 576-8866
Fax: (920) 922-7017

Services: Family Counseling, Individual Counseling, Medication Management, Driver safety plans - SAP / DOT provider, Drug and Alcohol Abuse Counseling, Trauma Counseling, and Behavior - ADD / ADHD services

Cost: Affiliated Counseling Center does accept self-payment, Medicaid, Medicare, private health insurance, and military insurance.

Hours: Monday-Friday 9:00-5:00 pm

Affinity Behavioral Health Services

2700 W. 9th Ave Suite #102
Oshkosh, WI 54904
Phone: (920) 223-8570
Website: www.affinityhealth.org/affinity/services/psychiatrypsychology.htm

Services: Outpatient services for adolescents and adults for mental health and AODA. Including crisis intervention, inpatient and outpatient mental health treatment and alcohol and drug abuse treatment programs. After an initial evaluation, we'll recommend the most appropriate course of treatment to help improve your mental health.

Cost: Insurance; if no insurance, possible financial assistance to reduce cost, otherwise payment plans

Hours: Monday-Thursday 8:00-5:30 pm (some providers have later hours)
Friday 8:00-12:00 pm

Agnesian HealthCare

430 E. Division St.
Fond du Lac, WI 54935
Phone: (920) 929-2300 or (800) 922-3400
Website: www.agnesian.com

- **Agnesian Work & Wellness Employee Assistance Program**

56 Camelot Dr.
Fond du Lac, WI 54935
Phone: (920) 924-0614 or (800) 458-8183
Fax: (920) 924-0615
Website: <http://www.agnesian.com/services/services/work-wellness/employee-assistance-program>

Services: The Employee Assistance Program (EAP) is a free and confidential service designed to help you and your household members resolve personal and work-related concerns that may be affecting your job performance and/or personal life. Counseling limited to employer contracts – call for eligibility.

Hours: Monday-Friday 8:00-4:30 pm (some providers have later hours)

- **Behavioral Health Services**

430 E. Division St.
Fond du Lac, WI 54395
Phone: (920) 926-4200
Fax: (920) 926-8933
Website: <http://www.agnesian.com/services/services/behavioral-health>
(Appointments also available at Waupun and Ripon clinics.)

Services: **Family Addiction Education Program (920) 926-4388**
Designed to educate family members, significant others, and friends who have someone either active in addiction or early in the recovery process. Through education and guidance, participants learn they are unable to control their loved one's addiction; however, those wishing to be supportive can learn to take responsibility for their own health and happiness.

Eligibility: 16 years of age or older and willing to commit to attending for four consecutive weeks.

Cost: \$40 per person for entire four-week session paid prior to first group session.

Meeting time: Tuesdays 4:30pm-6:00pm (every other month either in Ripon or Fond du Lac location)

Meeting Location: St. Agnes Hospital's Outpatient Behavioral Health Services
Department (Fifth Floor, Diagnostic & Treatment Center)

Inpatient Addiction Services (920) 926-4290

A team consisting of an addiction psychologist, behavioral health nurse, AODA counselors, and family and activity therapists provide detoxification and residential treatment services for adults. Psychiatric consultation is readily available from staff. To treat patients, an individual plan is developed based on a complete physical and addictive medicine evaluation. The treatment plan may include:

- Individual sessions with AODA counselors
- Group Therapy
- Family assessment, education and support
- Discharge planning
- Nutritional assessment
- Patient education classes
- Community meetings
- Therapeutic activity therapy
- Medication education
- Psychological assessment and psychotherapy
- 12-step support group meeting attendance

Inpatient Mental Health (920) 926-4290

Crisis observation, short-term care and acute psychiatric care are provided for adults and adolescents (age 18 and older). The Inpatient Mental Health Unit at St. Agnes Hospital includes semi-private rooms, several large group therapy rooms, a community patient lounge, dining area, recreation and exercise area, library and private consultation rooms. The unit is locked to best meet the safety and security needs of our patients and staff.

Outpatient Mental Health Services (920) 926-4200

Psychiatrists, psychologists, neuropsychologists, and therapists provide individual evaluation and therapy to people whose behaviors, thoughts and feelings have become disruptive to functioning normally. Individual therapy is available for:

- Depression
- Adjustment to life trauma
- Anxiety and stress management
- Health issues related to headaches and chronic pain
- Anger management
- Child, adolescent and adult behavioral disorders

(Agnesian HealthCare, Behavioral Health Services, Continued)

- Academic difficulties
- Relationship issues
- Specific group therapies

Outpatient Addiction Services (920) 926-4200

Individual evaluations, specific programming, individual therapy and group therapy are available for any adolescent or adult with a demonstrated need for addiction services. An addiction psychologist, family counselor and AODA counselors provide a full continuum of care to patients, including working with family and friends and utilizing a wide range of community resources. Specific programs include:

- Day treatment
- Intensive outpatient treatment
- Relapse prevention group
- Family treatment
- Adolescent substance abuse program
- Dual diagnosis treatment

Hours: Monday-Thursday 8:00-8:00 pm, Friday 8:00-4:00 pm

Website of Behavioral Health Professionals Providers:

<https://www.agnesian.com/services/behavioral-health-services>

- **Convenient Care**

145 N. Main St.

Fond du Lac, WI 54935

Phone: (920) 926-8492

Website: <https://www.agnesian.com/locations/agnesian-convenient-care>

Services: Convenient Care treats patients on a walk-in basis with acute health illnesses or injuries. No appointments needed. Laboratory and X-ray services available. This is a less costly option when an illness or injury is not life threatening or an emergency.

Cost: Self-pay or billed to insurance.

Hours: Monday-Friday: 7:30am-8:00pm
Saturday & Sunday: 8:00am-5:00pm

(Agnesian HealthCare, Continued)

- **Community Care Fund**

430 E. Division St.
Fond du Lac, WI 54395
Phone: (920) 926-4455
Fax: (920) 926-8874

Services: Community Care Fund provides assistance for people who meet eligibility, who already have medical bills and are struggling to pay for services already rendered.

Eligibility: Call or come into location to see if you qualify for the program.

Hours: Monday- Friday: 9:00 am-4:00 pm

- **EZ Care Services**

1107 E. Johnson St.
Fond du Lac, WI 54935
Phone: (920) 926-8700

Eligibility: 2 years and older

Cost: \$55 with cash, check or credit card payment; \$70 w/insurance

Hours: Monday-Friday: 8:00am-8:00pm
Saturday & Sunday: Closed

- **Bereavement Services Agnesian Healthcare**

1161 W. Johnson St.
Fond du Lac, WI 54937
Phone: (920) 907-3940
Website: <https://www.agnesian.com/services/bereavement-services>

Services: Grief Relief provides support for children, teens and their families following the death of a parent, caregiver, sibling, family member or friend. Grief Relief's mission is to provide a safe place where children, teens, and families can grieve openly, sharing and moving through the grieving process in a supportive environment of their peers.

Cost: Free to the public and you can email with questions. Email: griefrelief@agnesian.com

(Agnesian HealthCare, Continued)

- **Journeys: Health Resource Center**

St. Agnes Hospital

430 E. Division St.

Fond du Lac, WI 54935

Phone: (920) 926-4960

Website: <http://www.agnesian.com/services/services/journeys-a-health-resource-center>

Services: Offers quiet, reflective and comfortable education environment for individuals who want to learn more about various health topics, support groups or classes. For meetings, dates, and times visit the website or call the phone number listed above.

Hours: Monday-Friday 8:00-4:30 pm

- **Ripon Clinic**

790 Eastgate Drive

Ripon, WI 54971

Phone: (920) 745-3180

Fax: (920) 926-8933

Website: <https://www.agnesian.com/locations/agnesian-clinic-ripon>

(Call and schedule appointment through FDL Behavioral Health Outpatient, just specify you want Ripon Clinic)

Hours: Monday-Friday 8:00- 5:00 pm

- **Ripon Medical Center**

845 Parkside St.

Ripon, WI 54971

Phone: (920) 748-3101

- **Samaritan Health Clinic**

St. Agnes Hospital

430 E. Division St.

Fond du Lac, WI 54935

Phone: (920) 926-4841

Fax: (920) 926-8874

Website: <https://www.agnesian.com/services/samaritan-health-clinic>

Services: Free basic medical, emergency dental, basic vision care, blood pressure screenings, and health information/education and community resource information for patients who do not have insurance or medical assistance.

(Agnesian HealthCare, Continued)

Cost: None for individuals 165% or below poverty guidelines. There is a \$5.00 co-pay for medications (It is recommended for clients to apply for BadgerCare health insurance as an initial resource.).

Hours: Monday-Friday: 9:00am-4:00pm

- **Support Groups:**

Adolescent Affected Family Members, Advanced Directives, Affected Family Members, Alzheimer's Disease, Bereavement Care & Grief Relief, Brain Injury, Breastfeeding, Cancer, Cardiac and Stroke, Depression & Bipolar Support Alliance (DBSA), Diabetes, Dialysis, Domestic Violence, Eating Disorders, Family Addiction Educational Program, Healing Hearts, Mom & Baby Club, Multiple Sclerosis, LGBTQ Adult, Ostomy, Palliative Care, Sleep Apnea

Website: <https://www.agnesian.com/classes-events-groups> Check website for further details.

- **Waupun Clinic**

608 West Brown Street

Waupun, WI 53963

Phone: (920) 324-9797

Fax: (920) 324-9765

(Call and schedule appointment through FDL Behavioral Health Outpatient, just specify you want Waupun Clinic)

- **Waupun Memorial Hospital**

620 West Brown Street

Waupun, WI 53963

Phone: (920) 324-5581

Al-Anon and Alateen

National Website: <http://www.al-anon.alateen.org/>

Local Website: <http://www.area61afg.org/>

List of Local Meetings: <http://www.area61afg.org/find-a-meeting/districts-meeting-lists/>

Services: To help families and friends of alcoholics recover from the effects of living with the problem drinking of a relative or friend. Similarly, Alateen is our recovery program for young people. Alateen groups are sponsored by Al-Anon members. Our program of recovery is adapted from

Alcoholics Anonymous and is based upon the Twelve Steps, Twelve Traditions and Twelve Concepts of Services.

Eligibility: The only requirement for membership is that there be a problem of alcoholism in a relative or friend. To find a meeting near you, visit the local listings website listed above.

Alcoholics Anonymous

- **Winnebagoland Central Office**

280 N. Main St.

Fond du Lac, WI 54935

Email: central@winnebagolandco.com

Phone: (920) 922-7512

National Website: www.aa.org

List of local meetings: <http://www.area75.org/meetings.html?dist=25>

Services: 24-Hour Hotline Services, complete listing of local AA meetings, free literature that can be picked up. Books, pins, etc. available for sale.

Hours: Monday-Friday: 8:00am-5:00pm

- **Gratitude Club**

295 Ruggles St.

Fond du Lac, WI 54935

Phone: (920) 921-0143

Website: <http://gratitudeclub.net/>

Services: Provides support for people with alcohol, narcotic, and other drug problems and their families.

Hours: Monday-Saturday: 8:00 am- 10:00 pm
Sunday: 8:00 am- 9:00 pm

ARC Community Services

2001 West Beltline Highway, Suite 102

Madison, WI 53713-2366

Phone: (608) 278-2300

Fax: (608) 278-2313

Website: <http://www.arccommserv.com/>

- **ARC – Fond du Lac**

27 3rd Street

Fond du Lac, WI 54935

Phone: (920) 907-0460

Services: This program provides a 12 bed, community-based facility for adult female offenders with a 90-day length of stay. It serves as an alternative for women at risk of incarceration, as well as a transitional living placement to assist women with community reintegration.

Arc of Fond du Lac

500 North Park Ave.
Fond du Lac, WI 54935
Phone: (920) 923-3810
Fax: (920) 923-3038
Email: info@arcfdl.org
Local Website: www.arcfdl.org

Services: Programs offered for individuals with developmental disabilities. Adult Day Services, Includes a young adult program. Adult evening services for guardians. Special Living Services has 9 homes with 4 bedrooms each for permanent Professional Training for caregivers and students; includes several CBRF courses.

Eligibility: 8 years of age and older

Hours: Monday-Friday: 8:00am-4:30pm
Hours may vary throughout the week and weekend

ASTOP (Assist Survivors/Treatment/Outreach/Prevention)

21 S Marr St
Fond du Lac, WI 54935
Office Phone: (920) 926-5395
Crisis Line: (920) 926-5395 or (800) 418-0270
Website: <http://www.astop.org/>

Services: Confidential individual and family short-term therapy with qualified staff for survivors of sexual abuse. Support and therapy groups are offered for adolescent and adult incest survivors. Referrals are made to other agencies when appropriate. Protective behavior prevention programs are available as well as medical and legal advocacy education and awareness programs.

Cost: Free

Hours: Monday-Friday: 8:00am-4:30pm

Aurora Behavioral Health Services

210 Wisconsin American Dr. (Hwy 23 East)

Fond du Lac, WI 54935

Phone: (920) 907-4800 or (877) 666-7223

Fax: (920) 907-4801

Website: <http://www.aurorahealthcare.org/>

Services: Offers counseling, psychotherapy, psychological evaluation and psychiatry for most behavioral health problems including: ADD, anxiety, child/adolescent issues, depression, eating disorders, family issues, grief and substance abuse

Cost: Private Insurance, Medicaid, United Health

Hours: Monday- Tuesday: 8:00 am - 5:30 pm
Wednesday: 8:00 am- 7:00 pm
Thursday: 8:00 am- 4:30 pm
Friday: 8:00 am- 4:00 pm

Beacon House

166 S. Park Avenue

Fond du Lac, WI 54935

Phone: (920) 923-3999

Fax: (920) 923-3240

Email: fwrbeacon@tds.net

Website: www.beaconhousefdl.org

Services: Provide help to women and women with children recovering from alcoholism and/or chemical dependency. They provide a home-like environment for chemically-dependent women.

Hours: 24 hours a day, 7 days a week

Berry House

178 6th Street

Fond du Lac, WI 54935

Administrator: Bev Gudex

Phone: (920) 922-8580

Services: Berry House is the entry point for any person with a mental illness, at least 18 years of age, ambulatory, free from communicable disease and capable of self-care. Berry House is an eight bed, co-ed state licensed CBRF with 24-hour staff. This group home setting offers an opportunity to learn a variety of skills, both interpersonal and activities of daily living.

(Berry House, Continued)

Cost: Funded by community programs, public funding, and private pay.

Hours: 24 hours a day, 7 days a week

Bethany Christian Services

101 Wisconsin American Drive, Suite 400

Fond du Lac, WI 54937

Phone: (920) 923-6577

Fax: (920) 923-3001

Website: www.bethany.org/fonddulac

Services: Pregnancy and birth parent counseling, foster care, post-adoption services, embryo donation, home studies for adoption services, and international services.

Hours: Monday-Thursday 8:30-5:00 pm, Friday hours vary

Big Brothers/Big Sisters of Fond du Lac County, Inc.

448 S. Military Rd.

Fond du Lac, WI 54935

Director: Tammy Young

Email: director@bbbsfdl.org

Phone: (920) 922-8200

Fax: (920) 922-7696

Website: <http://www.bbbsfdl.org/>

Services: Big Brothers/Big Sisters is a non-profit preventative service agency that provides one-on-one companionship between a mature adult role model and a child from a single parent family. These relationships assist children in social, emotional and character development.

Eligibility: Boys and girls, ages 6-14 living with a single parent who are interested in adult companionship are able to sign up for the program.

Hours: Monday-Thursday 9:00-5:00 pm, Friday 9:00-3:00 pm

Birth to 3

459 E. 1st St.
Fond du Lac, WI 54935
Phone: (920) 929-7106
Fax: (920) 929-3680
Phone: (920) 929-3919 (Referral Line)
Email: Birthto3@fdlco.wi.gov (Referral Email)

Services: The Fond du Lac County Birth to 3 Program provides services to promote the development of children under three years of age. Participating families work with a team of specialists to develop an Individual Family Service Plan. Services are provided in the child's home, community, or child care setting.

Eligibility: Ages from birth to three years old and to demonstrate a significant delay in development, a diagnosed condition likely to lead to delay, or atypical development.

Cost: Cost share plan

Hours: Hours may vary

Blandine House

25 N. Park Avenue
Fond du Lac, WI 54935
Phone: (920) 922-9487
Fax: (920) 922-9184
Website: <http://www.blandinehouse.org/>
Email: serenity@blandinehouse.org

Services: The organization is an AODA residential treatment facility for men.

Eligibility: Adult males who have completed detoxification

Cost: The Blandine House Cost: \$2,610 (30 days adjusted). Reach The Blandine House by phone at (920) 922-9487, or by email at: contact@blandinehouse.org However, many costs are supported by the county. Also take insurance, private pay, and tribal government.

Hours: 24 hours a day, 7 days a week

Boys and Girls Club

76 W. 2nd St.
Fond du Lac, WI 54935
Director of Operations: Karissa Schneider
Phone: (920) 924-0530
Fax: (920) 926-7652
National Website: <http://www.bgca.org/>
Local Website: <http://www.kidsclubfdl.org/>

Services: The Club is a center for children ages 6-18 for after school hours. During the summer the program offer fully day services with free hot lunch.

Program sites: 1st grade – 5th grade: Chegwin, Pier, Johnsonville Club, Parkside
6th grade – High School: Teen Center located in the Johnsonville Club

Hours: Monday-Friday: 10:00am-6:00pm

Brooke Industries, Inc.

1257 Industrial Pkwy
Fond du Lac, WI 54935
Phone: (920) 924-3020
Fax: (920) 924-3039
Email: Brooke@brooke.org
Website: <http://www.brooke.org/>

Services: Provides vocational counseling, remedial education, job coaching and case management. Also available are evaluation programs, vocational skills, work development, work adjustment training, placement and supported employment.

Eligibility: Provides programs and services to individuals 16 years of age or older with an AODA, Brain Injury/Neurological Impairment, Developmental Disability, or Mental Health diagnosis.

Cost: Cost varies, may be covered by funding, insurance, Worker's Compensation, and self-pay.

Hours: Monday-Friday: 7:00am-3:00pm

Catalpa Health: Mental Health & Wellness for Kids

444 North Westhill Blvd.
Appleton, WI 54914
Phone: (920) 750-7000
Phone (Toll Free): (877) 235-9777
Website: <https://catalpahealth.org/>

Services: Various group therapy options for children and adolescents including: Middle School Mood Management (3Ms), Teen Girls Group: for the treatment of anxiety and depression, ABCs of Anger, Arrow Anxiety Therapy Group for Kids, Get Into the Zone: an Emotional Self-Regulation Group, Teen Emotions and Mood Management Group (TEAM)

Cost: Accepts most major insurance carriers, allows payment plans.

Hours: Monday & Wednesday: 8:00am-7:00pm
Tuesday: 7:30am- 5:00 pm
Thursday 8:00am-6:45pm
Friday 8:00am-4:30pm

Catholic Charities

191 S. Main St.
Fond du Lac, WI 54935
Phone: (920) 923-2550
Fax: (920) 458-5826
Website: <http://www.ccmke.org/CatholicCharities.htm>
Email: FonddulacServices@ccmke.org

Services: Family, individual, and couples counseling
Bilingual Therapists

Eligibility: Services are available to any resident of Fond du Lac or Dodge Counties, Catholic or Non-Catholic, regardless of religious denomination

Cost: Certified outpatient mental health center (private insurance and sliding fee scale), Medical Assistance (Badgercare) accepted. Medicaid, Medicare, Client/Patient Fees, and Private Health Insurance.

CESA 6

Conference Center:

2300 State Road 44
Oshkosh, WI 54904-9137
Phone: (920) 233-2372
Fax: (920) 236-0580

Administrative Main Office:

2935 Universal Court
Oshkosh, WI 54904
Phone: (920) 236-0531
Fax: (920) 236-0580

Individualized Youth Services (IYS)

17 Forest Avenue Suite #14
Fond du Lac, WI 54935
Contact: Jonathan Stone, Program Director
Phone: (920) 929-3684
Fax: (920) 929-3686

Website: <http://www.cesa6.org/>

Services: Educational information about Attention Deficit Disorder, including diagnosis, treatment and behavioral management techniques. The Autism Effectiveness Academy (AEA), designed to address the challenges faced by districts in programming for students with autism spectrum disorders.

Cost: Varies depending on service

Hours: Monday-Friday: 7:30am-4:00pm

Christian Family Solutions

● **Appleton Office**

4351 W College Ave Suite #410
Appleton, WI 54914
Phone: (920) 731-9798 or (800) 438-1772
Fax: (920) 731-1097
Email: cfc@wlcfs.org
Website: <http://www.christianfamilysolutions.org>

● **Fond du Lac Office**

757 S. Main Street, Suite #8
Fond du Lac, WI 54935-5739
Phone: (800) 438-1772
Fax: (920) 731-1097

Services: Christian Family Counseling, a division of Wisconsin Lutheran Child & Family Services, aspires to relieve suffering and promote healthy

relationships through our counseling services. We offer individual, group, family and couples/marital counseling.

Cost: Insurance only, private pay, Medicaid

Collaborative Wellness

112 Watson St.
Ripon, Wi 54971
Phone (920) 896-0189
Fax: (920) 239-6021
Website: <http://www.suaspontecenter.com/>

Services: Accepts all ages, practice trauma-informed and neuroscience perspectives and utilize a range of therapies such as AODA, EMDR, brainspotting, art/play therapies, marriage & family therapy, sex therapy, eating disorders, individual and groups, all focused to meet individualized goals, while in challenging situations.

Hours: Monday-Friday: 8:00am- 5:00pm or by appointment

Delta Center

196 E. 3rd St.
Fond du Lac, WI 54935
Phone: (920) 921-3343
Fax: (920) 921-0989
Email: support@deltactr.com
Website: <http://www.deltactr.com>

Services: Therapy for adolescents, families, depression, anxiety, grief, loss, relationships, couples and individuals.

Cost: Private pay and insurance accepted

Hours: Mon/Wed 9:00-8:00 pm
Tues/Thurs 9:00-6:00 pm
Friday 8:00-3:00 pm
Psychiatrist Hours: Monday 9:00 am- 12:00 pm

Disability Rights Wisconsin

131 W. Wilson St., Suite 700
Madison, WI 53703
Phone: (608) 267-0214 or (800) 928-8778
Fax: (608) 267-0368
Website: <http://www.disabilityrightswi.org/>

Services: Provides guidance, advice, investigation, negotiation and legal representation to consumers, their families and other advocates on a variety of rights issues, including veterans with disabilities. Examples of advocacy include: information and referral, self-advocacy, consultation and training, accompanying, and in some cases, representing individuals in negotiations and hearings, referral to legal assistance, assistance in obtaining support from legislators and other policy makers.

Eligibility: Children and adults with disabilities are eligible

Hours: Monday-Friday 8:30-5:00 pm

Doll and Associates – Agnesian HealthCare

40 Camelot Dr.
Fond du Lac, WI 54935
Phone: (920) 907-8201
Fax: (920) 907-8209
Website: <https://www.agnesian.com/locations/doll-associates>

Hours: Mon/Thurs 8:00-7:00 pm
Tues/Wed 8:00-5:00 pm
Friday 8:00-3:30 pm

Domestic Violence- Agnesian HealthCare

21 S Marr St.
Fond du Lac, WI 54935
Phone: (920) 926-4207
Crisis Number: (920) 926-4207
Fax: (920) 926-8875
Website: <https://www.agnesian.com/services/domestic-violence-services>

Services: Program provides education and support to domestic violence victims through the health care system. Also provides a batterers treatment program, a fast track domestic group for batterers. We provide support and education to families of domestic violence through advocacy, counseling, and treatment programs. The program is committed to empower families in rebuilding healthy relationships and raise community awareness of the

effects of domestic violence through education and collaboration of community resources.

Eligibility: Adult or child victim to domestic violence. A batterer for offender treatment program.

Cost: For victims, it is generally free. For offender treatment program, there is a fee.

Family Resource Center

17 Forest Ave #116

Fond du Lac, WI 54935

Email: director@fdlfrc.org

Phone: (920) 923-4110

Website: <http://www.fdlfrc.org/>

Facebook: <https://www.facebook.com/Family-Resource-Center-of-Fond-du-Lac-County-320732150612/>

Services: The Family Resource Center of Fond du Lac County, Inc. is dedicated to the healthy development of children and families through a variety of pregnancy and parenting programs. Able to serve Spanish-speaking families too.

Cost: Depends on service, some come at no cost.

Hours: Monday-Thursday: 9:00am-3:00pm

Fond du Lac Conflict Resolution Center, Inc.

160 S. Macy St.

Fond du Lac, WI 54935

Phone: (920) 929-7600

Services: Mediation is a voluntary process in which people with a dispute meet with a trained mediator. Volunteers at this center will help to resolve disputes between neighbors, friends, family, businesses, landlords, employers, and more. The mediator assists both parties in reaching a mutually agreeable solution.

Hours: Monday-Thursday 8:00-5:00 pm

Fond du Lac County Department of Community Programs

Mental Health Services

459 E. 1st St.

Fond du Lac, WI 54935

Phone: (920) 929-3500

Fax: (920) 929-3129

Crisis Intervention: (920) 929-3535

Outpatient Intake: (920) 929-3565

Website: <http://www.fdlco.wi.gov/departments/departments-a-e/community-programs>

Services: Provides Acute Psychiatric Unit, Crisis Intervention Services, Day Treatment Program, Outpatient Mental Health Services, including individual and group counseling for children, adolescents and adults, marital counseling and mediation intervention. Alcohol and drug abuse counseling services including individual counseling, recovery groups, AODA assessments, and Children Long-term Support Services and Birth to 3 services.

Cost: Medical Assistance and sliding scale fee accepted. Limited or private insurance

Hours: Monday-Thursday: 8:00am-7:00pm
Friday: 8:00am-4:30pm

Fond du Lac County Department of Social Services

87 Vincent St.

Fond du Lac, WI 54935

Phone: (920) 929-3400

Website: <http://www.fdlco.wi.gov/departments/departments-n-z/social-services>

Services: Provides Child care, employment and training services for individuals on financial assistance programs, foster homes, kinship care, information and referral, protective payee, child abuse and neglect services, daily living skills training, supervision of juveniles, in-home parenting program, low income child care assistance, food pantry and economic support programs (Foodshare, BadgerCare).

Cost: Dependent upon service received and income

Hours: Monday-Friday 8:00-4:30pm

Fond du Lac County Health Department

160 S. Macy St.

Fond du Lac, WI 54935

Phone: (920) 929-3085

Fax: (920) 929-3102

Website: <http://www.fdlco.wi.gov/departments/departments-f-m/health-department>

Services: Blood pressure clinics available, vision, hearing and scoliosis screening, home nursing visits to monitor general health, TB testing, newborn and new mother care and home care program public health visits for the elderly. Health Check (preventative health check for children under age 12), WIC program, medical equipment loan closet, immunization clinic, flu shots, jail health services, dental sealant program, dental program for forward Health members ages 3-18, lead poisoning prevention and FDL County tobacco control coalition.

Cost: Cost and availability of vaccines changes regularly, call for current information. If you have health insurance, it is recommended to see your primary care physician.

Hours: Monday-Friday: 8:00am-4:30pm

Fond du Lac Literacy Services

Fond du Lac Public Library

32 Sheboygan St.

Fond du Lac, WI 54935

Email: literacy@fdlpl.org

Phone: (920) 322-3932

Website: <http://www.fdlpl.org/fdlliteracy>

Services: Fond du Lac Literacy Services helps adults in our community with the basic skills needed to learn and prosper in the 21st Century: reading, writing, mathematics and learning English. Dedicated and trained tutors work one-on-one with students using personalized lesson plans at a pace that is comfortable for the student. Tutoring is free. Students learn how to: Write a letter, read to a child, read a menu, use a dictionary, balance a checkbook, speak and read English, help prepare for GED, and improve overall communication.

Cost: Free one-on-one, confidential tutoring

Hours: Monday: 12:30pm-3:30pm
Tuesday: 11:00am- 5:00pm
Wednesday: 10:00am-3:00am
Thursday: 10:00am-6:00pm

Fond du Lac School District

School Health and Safety Programs

72 W. 9th St.

Fond du Lac, WI 54935

Phone: (920) 929-2900

Website: <http://www.fonddulac.k12.wi.us/>

Facebook: <https://www.facebook.com/fonddulacschooldistrict/>

Services: Coordinate comprehensive school health programs with an emphasis on prevention, case finding, counseling and early intervention and remediation of health problems. Also includes health education, physical education and activity, health services, nutrition services, health promotion for staff, counseling and psychological services and a safe school environment.

Hours: Monday-Friday 8:00-4:30pm

Fond du Lac Psychiatry

1020 S. Main St., Suite A

Fond du Lac, WI 54935

Contact: J.T. Junig, MD, PhD

Phone: (920) 923-9054

Fax: (920) 322-9193

Website: <http://fdlpsychiatry.com/>

Services: For patients of all ages; child, adolescent, or adult, medication management, psychodynamic psychotherapy, depression, mood disorders, anxiety, OCD, phobias, ADD and eating disorders, alcoholism and addiction treatment, consultations and second opinions, forensic psychiatry, expert witness and mediation services as well as psychiatric evaluation for disability.

Cost: Private pay only, finances are considered on a case by case basis

Hours: Monday-Friday: 8:30am-5:00pm

Fond du Lac Psychotherapy

1020 S. Main St., Suite A
Fond du Lac, WI 54935
Contact : Meghan Cole, MA, LPC, CSAC
Phone: (920) 923-9054
Fax: (920) 322-9193
Email: meghan@fldpsych.com
Website: <http://fdlpsychotherapy.com/>

Services: For patients 10 and older – Individual Therapy & Counseling, Marriage, Couples, or Relationship Counseling, Family Therapy, Mediation, Consultation.

Cost: Some insurance accepted, private pay

Hours: Monday- Friday: 8:00am-3:00pm

Healing Hope Counseling, LLC

N6717 Streblov Dr.
Fond du Lac, WI 54937
Contact: Heidi Burns MSW, CAPSW, LCSW-IT
Phone: (920) 517-8264

Services: For patients 13 and older- Focusing on depression, anxiety, trauma, abuse, grief/loss, chronic health concerns, stress management/self-care, and relationship problems.

(Healing Hope Counseling, LLC, Continued)

Cost: One hour Session fee is \$60.

Hours: Monday-Thursday: 9:00am- 4:00pm
Sessions by appointment only

Housing Authority of City of Fond du Lac

Rosalind Apartment Building
15 N. Marr St.
Fond du Lac, WI 54935
Phone: (920) 929-3107
Fax : (920) 929-7094
Email : info@fdlpha.org
Website: www.fdlpha.org

Services: Low income families may be eligible for Section 8 certificate and housing vouchers to apply toward rental of private properties. Families may also qualify for public housing or moderate rehabilitation units. A family that

meets HUD guidelines is only required to pay 30% of their income toward rent for most programs.

Hours: Monday-Friday: 8:00am-12:00pm & 1:00pm- 4:30pm
4:30-5:00pm (by appointment or phone)

Katie Beckett Program

Division of Community Services
Bureau of Developmental Disabilities Service
PO Box 7851
Madison, WI 53707-7851
Phone: (608) 266-3236
Website: <https://www.dhs.wisconsin.gov/kbp/index.htm>

Services: Provides medical assistance coverage for medically necessary services that help certain children with chronic illness or disabilities, live at home with their families, rather than in more costly institutions.

Eligibility: Children with long-term disabilities or complex medical needs, who are otherwise unable to get Medical Assistance coverage, should apply to this program. Disabled children qualify according to the child's income. Income and assets of the parent are not considered.

Hours: Monday-Friday 8:00am-4:30pm

Kathleen Morgan, LLC

481 E. Division St. Suite 400
Fond du Lac, WI 54935
Phone: (414)-708-4388
Fax: (920) 636-4499
Website: <https://www.kathleenamorgan.com/>

Services: Working with individuals, couples, and family. Provides various therapies including; art therapy, group, attachment-based, CBT, EMDR, family/marital, humanistic, Jungian, MBCT, SFBT, and transpersonal. Focusing on abuse, depression, grief, anxiety, self-esteem, trauma, conflict, parenting, relationships and stress.

Cost: Average cost (per session): \$120-\$240, accepts some insurance, some BadgerCare.

Hours: Monday-Friday: 12:00pm- 8:00pm
Saturday: 8:00am- 12:00pm

Lutheran Social Services

74 S. Main St.
Fond du Lac, WI 54935
Contact: Erin Kraft
Phone: (920) 378-8901
Fax: (920) 734-2824
Website: www.lsswis.org

Services:

LSS sponsors two programs: Alcohol & Drug Abuse Resource Center provides counseling, education & referral services. Group Therapy available based on client needs/availability. **Family Preservation Services:** an innovative and unique home-based approach to help keep families together. Call (920) 887-3172 for more information.

Hours: 8:30am - 5:30 pm (flexible based on scheduling need)

- **Alcohol and Drug Abuse Resource Center**

131 S. Main St., Suite 212
Fond du Lac, WI 54935
Phone: (920) 924-5222
Fax: (920) 924-7522

Services: Individual and family counseling for AODA issues, assessments, intervention techniques for family.
Provides any additional drug and alcohol information.

Eligibility: Non-denominational, open to public

Cost: Payment based on a sliding scale

Morning Star Counseling Services

225 S. Hickory St.
Fond du Lac, WI 54935
Contact: Joanna Schohl, MSE, LCSW
Phone: (920) 922-9552
Fax: (920) 322-9479
Email: ludmi@att.net

- Services: Therapy for individuals (adults/children/teens), family and marriage issues, sexual abuse, relationships, spirituality, anxiety, depression and parenting issues.
- Cost: Variable, available to do EAP work for Magellan, sliding fee scale if financially appropriate, medical assistance not accepted, most insurances accepted
- Hours: Appointments - Monday through Friday: 7:30 a.m.
Evening appointments available Mon-Tues-Wed, some Thursdays.

Narcotics Anonymous

National Website: www.na.org
Local Website: <http://www.iluana.org/>
List of Local Meetings: <http://www.iluana.org/meetings>

Eligibility: The only requirement for membership is the desire to stop using.

National Alliance on Mental Illness (NAMI)

21 E 2nd St #104
Fond du Lac, WI 54935
Phone: (920) 979-0512
National Website: <http://www.nami.org/>
Wisconsin Website: <http://www.namiwisconsin.org/>

- Services: NAMI is the National Alliance on Mental Illness, the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. NAMI is steadfast in its commitment to raising awareness and building a community for hope for all those in need.
- Cost: No fee
- Hours: Monday-Friday 10:00am-4:00pm

- **Friendship Corner**

21 E 2nd St #104

Fond du Lac, WI 54935

Email: friendshipcorner.fdl@gmail.com

Phone: (920) 266-8447

Services: The mission of Friendship Corner is to provide a place where adults dealing with mental health issues can be empowered in their recovery through peer support, socialization, education, spiritual and emotional growth opportunities and advocacy.

Cost: No fee

Hours: Monday-Friday: 10:00am-4:00pm

Oshkosh Counseling Wellness Center

501 Merritt Ave.

Oshkosh, WI 54901

Contact: Rachelle Laux

Phone: (920) 231-2858

Fax: (920) 231-4048

Website: <http://oshcc.com/>

Services: Family counseling, Neurotherapy/FDA Approved Biofeedback, Couples Counseling, Art Therapy, Pain Management, Suicide Prevention, Lifestyle Transitions, Addiction Recovery

Cost: No medical assistance or sliding fee scale – answering service staffed 24/7 – client able to see therapist by appointment the same week. Most major health insurance policies accepted.

Hours: Monday-Friday 10:00 am- 6:00pm

Psychiatric Consultants

40 Jewelers Park Drive, Suite 100

Neenah, WI 54956

Phone: (920) 720-9995

Fax: (920) 720-9980

Cost: Some insurance carriers accepted, private pay.

Hours: Monday-Friday 8:00-4:00pm (Hours may vary)

St. Agnes Hospital

430 E. Division St.

Fond du Lac, WI 54935

Phone: (920) 929- 2300

Website: <https://www.agnesian.com/locations/st-agnes-hospital>

Salvation Army

237 N. Macy St.

Fond du Lac, WI 54935

Phone: (920) 923-8220

Website: <https://www.salvationarmy.org/>

Services: Family-centered welfare, emergency aid, and spiritual character building programs. Housing commodities and food assistance are also available.

Eligibility: Depends on service provided

Cost: Generally no cost, depends on service provided

Hours: Monday-Thursday: 9:00am- 4:00pm
Friday: 9:00am-12:30pm

- **Pathway Of Hope**

Phone: (920) 923-8220 (set up an appointment)

Services: Pathway of Hope is offered to families with children 18 years or younger. It is a team oriented approach to help identify resources and provide support as goals are accomplished. Our desire is to see your dreams become a reality. Pathway of Hope has a lot to offer, it is specifically focused on increasing the stability of a family. Through working with Pathway of Hope and connecting with resources in the community a

foundation will be set to better the lives of not only parents, but their children as well.

SHARDS, Inc.

645 Forest Avenue
Fond du Lac, WI 54935
Email: shardsinc@gmail.com
Phone: (920) 204-6570

Services: SHARDS, Inc. is an ecumenical Christian organization whose mission is to serve the uninsured and underinsured in Fond du Lac County and the surrounding areas by facilitating affordable mental health services.

- **Redeemed Counseling, LLC**

Contact: Kathy Bonde, LCSW
Phone: (920) 948-4916

Services: Specializes in working with adults and couples.

Hours: Tuesday: 9:00am- 5:00pm
Thursday: 8:00am-8:00pm

Solutions Center

39 N. Sophia St.
Fond du Lac, WI 54935
Phone: (920) 923-1743
Crisis: (920) 923-1700 or 1-800-852-9571
Men's Shelter: (920) 922-8122
Women's Shelter: (920) 923-1743 ext. 301
Fax: (920) 923-9982
Website: <http://www.solutionsfdl.com/>

Services: Solutions Center provides food, shelter and assistance with housing, employment and related needs. There is a men's, women's and family shelter, each shelter housing approximately 12-20 individuals at a time. Solutions Center assist in providing relief from an abusive or violent relationships and educates the community about domestic violence and homelessness.

Eligibility: Victim of domestic violence or homeless

Cost: No cost

YMCA

90 W. 2nd St.

Fond du Lac, WI 54935

Phone: (920) 921-3330

Website: <http://www.fdlymca.org/>

Services: Various health and wellness activities for children and adults, including childcare, swimming lessons, weight training, aerobics, gymnastics, etc. Families may qualify for a reduced YMCA membership by applying in person with proof of income.

Cost: Depends on service

Hours:

Winter Hours

Monday-Friday: 5:00am-10:00pm

Saturday: 6:00am-6:00pm

Sunday: 9:00am-4:00pm

Summer Hours

Monday-Friday: 5:00am-9:00pm

Saturday: 6:00am-4:00pm

Sunday: 9:00am-2:00pm